

REMUDA RANCH SPIRITUAL INVENTORY
FORM A

IMPORTANT: This inventory is for persons who currently have or have had a personal relationship with Jesus Christ at some time in their lives. If you have never had a personal relationship with Jesus Christ, please fill out FORM B instead.

Below are some groups of statements. For each group, circle the number next to the statement that best describes your beliefs and feelings. Circle **ONLY ONE** statement per group. If more than one statement applies, circle the one which is *most true* for you. Please read all statements *before* choosing an answer.

1.
 0. I believe in a personal God and have a close personal relationship with Him.
 - 1a. I believe in a personal God, and I *used* to have a close personal relationship with Him.
 - 1b. I believe in a personal God, but have never had a close personal relationship with Him.
 2. I have begun to doubt that there is such a thing as a personal God.
 3. I no longer believe in a personal God.

2.
 0. I know God is loving, and I often *feel* His love for me in my heart.
 1. I know God is loving, and I know He loves me, but *I seldom feel like He loves me*.
 2. I know God is loving, but I have a difficult time believing that He loves me.
 3. If there is a God, He isn't very loving.

3.
 0. I have been taught that Jesus loves me just as I am, and with all my heart I believe that He does love me just as I am.
 1. I have been taught that Jesus loves me as long as I act in a way that is pleasing to Him, **but I have come to believe** that He loves me just as I am.
 2. I was taught *with words* that Jesus loves me just as I am, but the underlying message I was given and have absorbed is that I have to live up to certain standards to be *truly* loved by Him.
 3. Even if Jesus is there -- there is no way He could love me.

4. By and large, the Christians I knew in my childhood and teenage years were:
 0. Loving people who demonstrated God's grace and love.
 1. Just like everyone else.
 2. Legalistic and judgmental.
 3. Abusive and self-righteous.

5.
 0. My memories of church when I was young are wonderful memories of warmth and love.
 1. I remember going to church as a child, but I didn't particularly like it.
 2. I did not go to church when I was growing up.
 3. Growing up, I was forced to go to a legalistic church where I felt a great deal of shame.

6. In times of pain and need:
 0. I have been helped by and felt the love of several people who openly expressed a faith in Jesus Christ.
 1. I have been helped by and felt the love of at least one person who openly expressed a faith in Jesus Christ.
 2. I have never been helped by anyone claiming to have faith in Jesus Christ.
 3. Christians seem like the least likely people to help when you are hurting.

7.
 0. I can feel the presence and love of Jesus Christ in my life.
 1. I experienced the love of Jesus Christ once upon a time, but He now seems very distant to me.
 2. Thus far in my life, I have *never* experienced the love of Jesus Christ in a personal way.
 3. Jesus is just not a part of my life, and I doubt if He ever will be.

8. 0. At least one of my parents was a loving Christian who taught me, both by words and by example, about the love and grace of Jesus Christ.
1. At least one of my parents was a Christian and treated me well, but seldom talked about Jesus.
 2. Neither of my parents were Christians.
 3. At least one of my parents was a Christian, and yet, I felt like I could never measure up to this parent's standards or expectations.
9. 0. I pray pretty much everyday. Prayer is a very important part of my life
1. I pray pretty much everyday, and sometimes it helps.
 2. I pray pretty much everyday, but I almost never get anything out of it.
 3. I believe that prayer is just a waste of time.
10. 0. I have at least one caring/loving person in my life whom I regularly relate to on a spiritual level (for example -- I have someone I pray with, or study the Bible with, or talk to about what's going on with me spiritually).
1. I have someone to whom I sometimes talk about spiritual things.
 2. I do **not** have people in my life whom I regularly relate to on a spiritual level, but I'm sure it would help if I did have someone.
 3. I have no interest in talking with anyone about spiritual issues.
11. 0. I regularly attend church (or meetings with other Christians) for Bible study, prayer, and/or worshipping God, and I usually get a great deal out of these meetings.
1. I sometimes attend church (or meetings with other Christians) for Bible study, prayer, and/or worshipping God.
 2. I seldom attend church or meetings with other Christians.
 3. I have no interest in attending church or any religious meetings.
12. Churches are...
0. a place where I find comfort and fellowship.
 1. okay.
 2. filled with hypocrites.
13. 0. I read the Bible almost everyday because I love reading about God, and because reading the Bible helps me a great deal in my day to day life.
1. Although I don't read the Bible daily, when I do I usually feel blessed.
 2. I never, or almost never, read the Bible.
 3. I feel like I should read the Bible and I feel ashamed and guilty when I don't.
14. 0. I love fellowshiping with other Christians.
1. I would like to fellowship with other Christians but recently I can't seem to find a place where I fit in.
 2. I have always had a very difficult time relating to people who call themselves Christians.
 3. I have absolutely no interest in being with Christians.
15. 0. Even though things get tough sometimes, God has been faithful and true --He has never let me down.
1. There are times when I feel like God has let me down and I get angry with Him, but I *know* He hasn't really let me down.
 2. I can't say that God has let me down, because I have never really trusted Him for anything.
 3. Right now I believe that God, if He's even there, has really let me down.

16. I would describe myself as:
 0. A born again Christian.
 - 1a. A Christian
 - 1b. Curious about Jesus Christ.
 2. Having once been a Christian, but now given up on being a Christian.
 3. Having absolutely no interest in Jesus Christ.
17. If Jesus Christ suddenly appeared before me I would feel:
 0. ecstatic.
 1. shocked.
 2. ashamed.
18. I have:
 0. never been abused (physically, sexually, or emotionally) by someone claiming to be a Christian.
 1. been mildly abused (physically/sexually/emotionally) by someone claiming to be a Christian.
 2. been severely or repeatedly abused (physically, sexually, or emotionally) by someone claiming to be a Christian.
19. Christians who have emotional problems are:
 0. Often just as spiritually faithful as any other Christian.
 1. Weaker than other Christians, but loved just as much by God.
 2. Usually reaping what they have sown.
20. When I think about my sins and those of other people,
 0. I usually feel God's forgiveness and I can usually offer forgiveness to other people as well.
 1. I know about God's forgiveness, but I don't always feel forgiven and have trouble forgiving other people.
 2. I frequently feel God's judgement and condemnation for myself or others.
21. When people talk about the love of Jesus Christ I feel...
 0. joyful.
 1. nothing.
 2. shame.
22. Lately...
 0. I have found myself having a strong urge to grow closer to God and to spend more time with people who love Him.
 1. I have found little change in my spiritual interests.
 2. I have found myself wanting to move away (or stay away) from anything to do with God.
23. I feel.....
 0. spiritually strong.
 1. uncertain about my spiritual life.
 2. ashamed of who I am.
24. Which statement best describes your Christian life:
 0. Wonderful.
 - 1a. Good.
 - 1b. Just okay.
 2. Non-existent.
 3. Full of shame.

25. Listening to music which praises God...
0. lifts my spirits.
 1. is boring.
 2. makes me want to run away.
26. 0. The church I attend demonstrates the grace and love of Jesus Christ.
1. The church I attend is friendly, but people don't *really* get to know each other all that much.
 2. I seldom, if ever, attend church.
 3. I go to a church where there is a lot of pressure to act in a certain way in order to be accepted and/or loved.
27. Spiritually...
0. I really want to grow more and more like Jesus.
 1. everything is about the same as always.
 2. I feel ashamed, guilty, or unworthy.
28. When I have faced temptations,
0. I have found that God has usually provided a way out, whether or not I have taken it.
 1. I have sometimes felt all alone and have seen no way out.
 2. I have almost always felt all alone and overwhelmed, and I do not believe that God has provided a way out.

Below are some statements. Please circle the number to the right of the statement that indicates whether it is generally very true of you, somewhat true of you, or not true of you.

		Very True of Me	Somewhat True of Me	Not True of Me
29.	On an emotional level, I feel like--no matter how hard I try--I just cannot please God.	2	1	0
30.	I believe I would have very few problems if I could just get right with God.	2	1	0
31.	I have been told by people who are important to me that my current problems are due to my sins and/or my lack of faith.	2	1	0
32.	I feel like I am a disappointment to God.	2	1	0
33.	I believe I would be able to overcome all my problems if I just had more faith.	2	1	0
34.	I believe God takes pleasure in giving me trials to deal with.	2	1	0
35.	I have promised God over & over that I would stop doing some behavior which I know He is not pleased with. Yet I keep going back and doing the same thing again & again. Because of this, I just cannot believe that I am acceptable in God's eyes.	2	1	0
36.	I feel like God is fed up with me.	2	1	0
37.	I believe that if I just worked harder at being a better Christian, I wouldn't get so depressed.	2	1	0
38.	It's me and God--I don't really need anyone else.	2	1	0
		Very True	Somewhat	Not True

		of Me	True of Me	of Me
39.	I have failed God so many times, it's difficult for me to pray or want to spend time with Him.	2	1	0
40.	I know God helps everyone, but I feel so far gone that I feel like I am without hope.	2	1	0
41.	I believe that Christians should not let others see when they are emotionally pained, because it is a bad witness to the power of Jesus Christ.	2	1	0
42.	I have been so hurt in life that it is difficult for me to believe there is a loving God who cares about me.	2	1	0
43.	When I am around people who appear to be good Christians I feel ashamed of myself or jealous.	2	1	0
44.	Shame is what I feel most of the time.	2	1	0
45.	Developing my spirit is not as important as developing my body or mind.	2	1	0
46.	I do not devote, nor do I plan to devote, significant time or effort to my spiritual growth.	2	1	0

47. *Please circle the number on the line below that indicates how close to God or far away from God you have felt this past week including today.*

0
1
2
3
4
5
6
 Very close Close Far Very far